

### In This Issue

- From the Desk of CEO, Shelia Triplett
- Minor Plumbing Repairs
- Senior Happenings
- Welcome New Board Member
- HEAP Happenings
- Virtual Basket Raffle
- A.C.T.I.O.N Hot Spot Cards
- The Diaper Bank is Still Going Strong
- Reduction in Household Energy Program
- Professional Development Center
- A.C.T.I.O.N. Banquet
- Internet Service Assistance

**MYCAP currently has funding for Minor Plumbing Repairs. Are you experiencing High Water Bills? High Water Consumption? Have some minor plumbing issues?**

To qualify you must reside in Mahoning County, own the home and reside there, and have income at or below 175% of poverty level.



### State of the Agency Report

MYCAP held its 2021 Board Retreat on March 25, 2021 at which some of the amazing projects being undertaken by the agency were highlighted. We've had an extraordinary year during a time unlike anything most of us have ever seen. The agency is experiencing great success in all programs even during these trying times of coping with COVID-19.

I would like to take this opportunity to recognize the staff here at MYCAP for exemplary service to the agency and to our clients during the Pandemic.

I survived one of the worst earthquakes ever seen in Puerto Rico during a conference there in 2020; and shortly thereafter I experienced being on my first Caribbean cruise when a terrible storm hit. My thought was things could only get better from here. Wrong! A week later due to the Pandemic, the whole world was shutting down. I am very pleased to report that MYCAP's Team adapted to provide very efficient and productive service to low/moderate income families and individuals to stabilize and sustain them despite having to work remotely in most cases; and having to figure out how to get applications and documentation processed without face-to-face interaction with clients.

In the midst of this, we received millions of dollars of CARES funding with little time to expend the funds; but due to the emerging need caused by COVID-19, we knew that expending the grant would not be a problem..

When asked by other CAP executives how are we going to do this, my answer was simple. I met with my very competent, innovative, and passionate Management Team on a zoom staff meeting and let them know here's the situation, failure is not an option; so, let's figure out what to do and how to do it. We met later that week with a plan. Spending over a million dollars in six weeks in November and December with all the holidays during that time period was an amazing feat; but with all the staff working together, we did it with time to spare.

I'm also proud to say that Deputy Chief of Ohio Development Services Agency, Meagan Meadows, took notice and congratulated me and the staff for a job well done as well as complementing us on excellent customer service being provided by MYCAP as reported to her by one of our state monitors.

I am proud of the Management Team and all of the staff at MYCAP. Our resilience and flexibility in the midst of a Pandemic has made us stronger and further exemplifies who we are as an organization.

I would be remiss if I didn't thank our Board of Directors for their continued support and trust in my vision, my decisions, and my promise to change and improve the agency's status and position in the community.

### **Senior Services Happenings**

MYCAP is offering monthly Healthy Huddle workshops for seniors in conjunction with Amber Landsman, Holistic Health Coach. This month's Health Huddle topic is "Ingredients For a Better You". It will be presented by guest speaker, Amara Chikwe, YSU student and wellness intern via Zoom online.

#### **In Addition:**

The Delivery Angels program, Weekly Wellness Checks program, SOFA (Seniors Out For Action), and the SOS virtual cooking program with ACTION are all still going strong. There are also MYCAP Senior Care Packs being delivered at regular intervals.

**WELCOME TO MYCAP'S  
NEWEST BOARD MEMBER**

**Mr. Charles Baldwin,  
Regional Director for the  
Village Network has joined  
the Board of MYCAP  
effective, March 25, 2021 as  
a Public Sector  
representative as appointed  
by Judge Renee DiSalvo.  
Mr. Baldwin will serve a  
three-year term.**

**Mr. Baldwin has been active  
in the Mahoning Valley for  
many years in the public and  
private sectors; and we are  
pleased to be able to draw  
from his expertise as we  
continue our mission to  
serve the most vulnerable  
citizens here in the  
Mahoning Valley.**

\*\*\*\*\*

**HEAP – Home Energy  
Assistance Program**

Don't miss out on the one-time assistance towards your heating source. You must apply by May 31 either on-line at [www.Energyhelp.ohio.gov](http://www.Energyhelp.ohio.gov) or by completing a HEAP application with required documents and placing it in the drop box outside our office; or by mailing the completed application and document to the MYCAP office: 1325 Fifth Avenue, Youngstown, OH 44504.

Summer Crisis Program runs from July 1 through August 31 and provides electric fans and air conditioners to those who meet program guidelines.

Eligibility for HEAP programs is up to 175% of the Federal Poverty Guideline.

**MYCAP'S**

**"EXPANDING SENIOR SERVICE IN  
MAHONING COUNTY"**

**VIRTUAL BASKET RAFFLE**

April 5<sup>TH</sup> – May 26<sup>TH</sup>  
2021 Fundraiser



(Basket shown is display only: not included in raffle)

Purchase Tickets and view all of our beautiful baskets at [www.mycaphelp.com](http://www.mycaphelp.com)

Ticket Price: \$1.00 each



**MYCAP Emergency Diaper Bank**



MYCAP continues to distribute diapers to families in need. Diapers can be picked up on Mondays from 10:00 a.m. to 5:00 p.m. Clients must call to schedule a pick-up time; provide their name, phone number, diaper size and the name of the person picking up the diapers. Photo ID is required. Masks are to be worn at all time. If you don't have a mask, one will be provided.

Please call (330) 747-7921 ext. 1725 to schedule an appointment for pickup.



120,781 diaper distributed in 2020 and  
52,688 distributed thus far in 2021

**Hot Spot Card Helps Combat Crime**

Our Community Safety Task Force recently held a press conference with Youngstown Mayor Tito Brown and YPD Chief Carl Davis. We have launched our HOT SPOT CARD project as one tool to promote crime-free neighborhoods.

Participants can anonymously turn the cards into ACTION who will then return them to the Police Department and our partner Officer Malik Mostella.

Cards are being distributed all over the city. If you would like them for your church, organization, or business, please contact our Task Force Chair, Bobby Reynolds, at [breyonlds926@gmail.com](mailto:breyonlds926@gmail.com) or our AmeriCorps Member William Brown at [willbill6513@gmail.com](mailto:willbill6513@gmail.com). We will be more than happy to get them to you.

\*\*\*\*\*

**Reduction in Household Energy Burden  
Program**



This program can help to reduce energy consumption in your home, decrease your energy bills and save you money.

Services to be provided include:

- Household Energy Need Assessment
- Energy Education
- Introduction to New Energy Tools
- Energy Efficient Kits
- Financial Education
- Understanding Energy Bills
- Referral to Related Services

Energy conservation kits include items like light bulbs, heat-smart blanket, furnace whistles, and furnace filters, digital thermostats, smart strips, and night lights

Eligibility:

- Household Income at 175% of Poverty Level
- Commitment to participate in the program
- In-home energy usage assessment with our contractors
- 60-day updates with MYCAP staff
- Attend virtual workshops (if provided)
- Decrease energy usage and earn valuable incentives



### Professional Development Center Updates

MYCAP and Flying High continue to collaborate to provide Employment and Training at the Professional Development Center located in Downtown Youngstown. On Tuesday, April 6, 2021 at 10:00 a.m. a Ribbon Cutting Ceremony was held to launch the welcome center. Currently there are accelerated training and customized employment programs available which include: Basic and Advanced Welding, State-tested Nurse's Aides, Chemical Dependency Counselor Assistant, LPN/RN, and Commercial Driver's License. In addition, relationships have been developed with local employers to hire from the pool of newly trained individuals at PDC. The PDC has recently completed initial training for Forklift Operators at the new TJX warehouse in Lordstown, Ohio. There are plans to open satellite offices in Warren, Ohio and Sharon, Pennsylvania. MYCAP continues to be represented at Workforce Development Board Meetings which are held virtually. MYCAP staff will continue to provide workshops to assist clients with resume writing, interview techniques, behavioral changes, expungement of criminal records and whatever is needed to enhance employability.

The first student graduation of 2021 will be held on April 22<sup>nd</sup> at PDC at 6:00 pm at 6 Federal Plaza, 6<sup>th</sup> floor classroom.

**Roger Beltz and Amber Rios, MYCAP's representatives at the PDC, will also attend City-Wide Drive-Through Baby Shower on Saturday, April 10, 2021 at the Eugenia Atkinson Center.**

### A.C.T.I.O.N CELEBRATES 20 YEARS

**A.C.T.I.O.N.** is excited to announce our Annual Banquet will take place on Tuesday, May 25th, catered by Byzantine Center at the Grove at 3801 Shady Run Road, Youngstown, Ohio. Participants can pick their dinners up between 4:00 and 5:30 p.m. then join us for a zoom event beginning at 6:00 p.m.

Our guest speaker this year is the newly appointed Bishop of the Catholic Diocese of Youngstown, Bishop David Bonnar.

We will honor several extraordinary Community Partners in memory of the late Frances Kerpsack, a Community Advocate. The honorees are Erin Bishop, Director of City of Youngstown Health District, Delphine Baldwin-Casey, Retired YPD Officer, and Jan Strasfeld, Former Director of the Youngstown Foundation as well as our own **Shelia Triplett, CEO of MYCAP.**

Tickets are \$35.00 person and \$280.00 per group of eight.

**To purchase tickets:** contact Michele Burton at [mburtonmb62@gmail.com](mailto:mburtonmb62@gmail.com).

**To donate a basket** for our virtual raffle **BY APRIL 13:** contact Sonja Voytko at [meemaiv@yahoo.com](mailto:meemaiv@yahoo.com)

**To put an ad in our program book:** contact Ron Fasano at [ronf10@msn.com](mailto:ronf10@msn.com)

If you have questions about the ads or tickets or for dinner pick up information, please call the A.C.T.I.O.N. Office at (330) 941-0475.



### MYCAP HAS FUNDS TO HELP WITH INTERNET SERVICE.

**ARE YOU HAVING TROUBLE PAYING FOR INTERNET SERVICE?  
Need Help With Late Payments?????**

If your internet service is on a separate bill and not bundled with cable and/or phone service; you can pick up an application for assistance at:

MYCAP  
1325 Fifth Avenue  
Youngstown, Ohio 44504

